



INVITATION TO AKROTEAM'S SPRING CUP 2024

Time and place	<p>26.-28.4.2024</p> <p>Place Kisakallion urheiluopisto, Lohja Susi training center Address: Kaarina Karin tie 4, 08360 Lohja, Finland www.kisakallio.fi</p>
LOC	Akroteam Lohja
Entries and entry fees	<p>Entries should be made through Kisanet https://kisanet.fi/#/event/details/2977/summary</p> <p>schedule <u>Nominative entry</u> starts 7.2.2024 and ends 1.4.2023. <u>Post nominative entry</u> is possible until 14.4.2023 followed by a double entry fee.</p> <p>Fees Prices are the same in all classes (including Stara) Pairs 60 € Groups 90 € Group of 4 120 € Acro Blocks 20€ Stara 5 or more gymnasts and show group 120€/group</p> <p>Fees will be charged after competition.</p> <p>Cancellation policy Participation can be canceled free of charge within the nominative entry time. After that cancellation with a doctor's certificate and cancellation fee 10€/cancellation. See also cancellation policy for food and accommodation below</p>



<p>Technical regulations</p>	<p>Levels 1-3 follow the Finnish national rules</p> <p>Level 4 International Youth rules (minimum age 8) two categories</p> <p>Level 5 AG11-16 (minimum age 9)</p> <p>A: Level 6 FIG AG12-18 rules B: Level 6 13+ Junior rules</p> <p>Acro Blocks (Finnish national rules)</p>
<p>Preliminary schedule</p>	<p><u>Friday 26.4.</u> Level 6 (one routine) Level 5 (not sure yet)</p> <p><u>Saturday 27.4.</u> Stara Akroshow lapset 1lk Alokas pairs and groups Akropuu 1lk Akropuu 2lk 2lk Tulokas pairs and groups 4lk Edistynyt pairs and groups 5-6lk Mestari pairs, and groups (second program)</p> <p><u>Sunday 28.4.</u> 6lk mestari pairs and groups combined 3lk Kehittyjä pairs and groups Akropuut 3lk ja 4lk Akro show yleinen kilpasarja, Akro show nuorten sarjat (harraste ja kilpa) Akro show aikuiset</p>



	We obtain the right to changes in the schedule. All changes will be informer after the nominative entry. Final starting order will be published 1 week before
Judges	Please inform us if you can bring a judge. There is no specific requirements (eg. FIG brevet) for judges. Previous judging experience is of course needed.
Tariff sheets	Should be downloaded 14.4.2024
Music	Should be downloaded in Kisanet within registration
Insurance	Each gymnast and coach should have a valid insurance for sports events
Awarding	There will be a prize ceremony after each block. In levels 5-6 medals will be awarded separately for balance, dynamic and combined routines. No medals for all around.
Food and accommodation	<p>Accommodation and food reservations direct from Kisakallio. Rooms and the restaurant are close to the competition venue. Contact person for bookings in Kisakallio: Anne Salminen, anne.salminen@kisakallio.fi</p> <p><u>Room prices:</u> Sports institute´s standard room with 2-4 persons, 49€/night/person (incl. accommodation and breakfast)</p> <p>Apartment hotel room with 2-4 persons, 56€/night/person (incl. accommodation and breakfast)</p> <p>Accommodation capacity in Kisakallio is limited. Contact Anne Salminen in Kisakallio early enough for bookings.</p> <p><u>Food:</u> Breakfast, lunch, dinner and evening snack are served at Ravintola Sport in Kisakallio´s main building</p>



	<p>Fri 26.4. lunch 11.00-13.30, dinner 16.00-19.30 Sat 27.4. lunch - dinner 10.30-19.30 Sun 28.4. lunch 11.00-15.00</p> <p>Evening snack Fri 26.4. and Sat 27.4. 20.00-22.00</p> <p>Prices: Lunch or dinner: 12,90 €, children 6-16 years / 13,90 adults Evening snack: 8,10 €, children 6-16 years / 9,20 adults</p>
<p>Transportation</p>	<p>transportation is upon request</p>
<p>Tickets for audience</p>	<p>Tickets for the audience are sold in competition venue Susi Training Center. Prices: Friday evening 5 € Saturday and Sunday 12 € (day ticket)</p>
<p>Contact information</p>	<p>Competition Management: lina Erolahti (toimisto@akroteamlohja.fi) Competition secretary: Sari Wirlander (toimisto@akroteamlohja.fi) Responsible for judges: Sofia Hellgren,</p> <p>Accommodation and food: Anne Salminen (anne.salminen@kisakallio.fi)</p>